



香港中文大學醫院 靜脈曲張門診

CUHK Medical Centre Varicose Veins Clinic

地址 Address :

香港新界沙田澤祥街9號香港中文大學醫院1樓
1/F, CUHK Medical Centre, 9 Chak Cheung Street, Shatin,
New Territories, Hong Kong

服務時間 Service Hours :

星期一至五: 09:00-17:00

星期六: 09:00-13:00

星期日及公眾假期休息

Monday to Friday: 9:00AM - 5:00PM

Saturday: 9:00AM - 1:00PM

Close on Sunday and Public Holidays

預約 Booking : (852) 3946 6888

查詢 Enquiry : (852) 3946 6388

網址 Website :

<https://www.cuhkmc.hk/tc/special-clinics-and-other-services/varicose-veins-clinic>



 CUHK Medical Centre  @cuhkmedicalcentre

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靜脈曲張門診為靜脈曲張的患者提供評估和個人化治療。在外科專科醫生的帶領下，門診的目標是為靜脈曲張的患者提供專業評估、診斷及手術治療。門診位於本院專科門診中心，提供專業及舒適的應診環境。

The Varicose Veins Clinic provides assessment and personalised treatment for patients with varicose veins. Under the guidance of specialists in General Surgery, the clinic's objective is to offer professional assessment, diagnosis, and surgical treatment for patients. The clinic is located in the Specialist Outpatient Centre at CUHKMC and provides a professional and comfortable environment for consultation.

什麼是靜脈曲張？ What is varicose veins?

靜脈曲張是指靜脈扭曲及擴大。任何在腿部靠近皮膚表面的靜脈都可能發生靜脈曲張。靜脈曲張只會影響腿部靜脈，這是因為站立會增加下半身靜脈的壓力。

Varicose veins are twisted, enlarged veins. Any vein that is close to the skin's surface (superficial) in the legs can become varicose. Varicose veins only affect the veins in the legs because standing increase the pressure in the veins of the lower body.



靜脈曲張的常見症狀 Common symptoms of varicose veins

- 扭曲或凸出、呈深藍色或紫色而可見的靜脈
Visible, twisted, or bulging veins that appear dark blue or purple
- 腿部疼痛或沉重的感覺
Achy or heavy feeling in the legs
- 腫脹，尤其是長時間坐著或站立後
Swelling, especially after prolonged sitting or standing
- 受影響靜脈周圍的皮膚發癢或發炎
Itching or irritated skin around the affected veins
- 肌肉痙攣或腿部疼痛，尤其是在晚上
Muscle cramps or aching in the legs, particularly at night

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靜脈曲張的診斷 Diagnosis of Varicose Veins

除了由專科醫生進行全面的會診，包括了解病史及身體檢查外，透過多普勒超聲波掃描，可以準確評估靜脈的解剖結構和功能，幫助制定最合適的治療方案。

In addition to a thorough patient history and physical examination conducted by a specialist, a Duplex Ultrasound Vein Scan can accurately assess the anatomy and functionality of your veins, helping determine the most suitable treatment approach.

超聲波靜脈掃描診斷測試 Diagnostic test by Duplex Ultrasound Vein Scan

- 評估下肢靜脈，特別是靜脈曲張
Evaluate the veins in the lower limbs, specifically for varicose veins
- 此掃描診斷測試不會造成痛楚
This bedside investigation is painless

靜脈曲張手術 Varicose Vein Surgery



- 靜脈內雷射治療 (EVLT)
Endovenous Laser Therapy (EVLT)
- 射頻消融術 (RFA)
Radiofrequency Ablation (RFA)
- 靜脈腔內膠水注射
Endovenous Glue Treatment
- 小勾靜脈切除術
Hook Phlebectomy
- 泡沫血管硬化術
Foam Sclerotherapy